

Full Report (All Nutrients) 45134020, BANQUET SPAGHETTI WITH CHICKEN NUGGETS, UNPREPARED, GTIN: 00031000007416

Based on the GS1 Global Data Synchronization Network, [Powered by 1WorldSynch](#)

Report Date: May 26, 2017 15:50 EDT

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer ConAgra Foods Inc.

Nutrient	Unit	Data points	Std. Error	1 Meal (198g) 198g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	230	116
Protein	g	--	--	10.00	5.05
Carbohydrate, by difference	g	--	--	32.00	16.16
Sugars, total	g	--	--	5.01	2.53
Minerals					
Calcium, Ca	mg	--	--	59	30
Iron, Fe	mg	--	--	1.80	0.91
Potassium, K	mg	--	--	420	212
Sodium, Na	mg	--	--	541	273
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	2.4	1.2
Vitamin A, IU	IU	--	--	400	202
Lipids					
Fatty acids, total saturated	g	--	--	1.50	0.76
Fatty acids, total monounsaturated	g	--	--	2.00	1.01
Fatty acids, total polyunsaturated	g	--	--	3.01	1.52
Fatty acids, total trans	g	--	--	0.00	0.00
Cholesterol	mg	--	--	10	5

Amino Acids

Other

Ingredients

SAUCE: Water, Tomato Paste, Onions, Parmesan Cheese (Part-Skim Milk, Cheese Culture, Salt, Enzymes), Modified Corn Starch, Sugar, Soybean Oil, Crushed Garlic, Worcestershire Sauce (Vinegar, Molasses, High Fructose Corn Syrup, Anchovies, Water, Onions, Salt, Garlic, Tamarind Concentrate, Cloves, Natural Flavorings, Chili Pepper Extract), Salt, Granulated Onion, Whole Basil, Spice, Citric Acid. COOKED SPAGHETTI: Water, Spaghetti (Enriched Pasta [Durum Wheat Semolina, Niacin, Iron {Ferrous Sulfate}, Thiamine Mononitrate, Riboflavin, Folic Acid], Egg White), Soybean Oil. BREADED CHICKEN BREAST NUGGETS WITH RIB MEAT: Chicken Breast with Rib Meat, Water, Bread Crumbs (Bleached Wheat Flour, Salt, Dextrose, Yeast, Soybean Oil, Spice, Extractives Of Paprika), Textured Soy Flour, Batter Mix (Yellow Corn Flour, Corn

Starch, Dextrose, Salt, Spices, Sugar, Autolyzed Yeast Extract, Modified Corn Starch, Garlic Powder, Guar Gum, Leavening [Sodium Acid Pyrophosphate, Sodium Bicarbonate, Monocalcium Phosphate]), Soy Flour, Modified Corn Starch, Salt, Autolyzed Yeast Extract, Sodium Tripolyphosphate, Flavorings. CONTAINS: EGG, FISH (ANCHOVIES) MILK, SOY, WHEAT. *Date Last Updated by Company:* 09/08/2016